

Let Us Assist You Today!

6604 Adrian Street
New Carrollton, Maryland 20784

Phone: **301.474.7840**
Fax: **301.220.3213**

www.ameristarhealthcare.com
ameristar@ameristarhealthcare.com



Our caregivers are available 24 hours a day, 7 days a week. At Ameristar Healthcare Services, Inc., you have the option of picking the caregiver of your choice, regardless of where you live.

Count on us, we'll be there.

At Ameristar Healthcare Services, Inc.
we can be reached at **(301) 474.7840**

1751 Elton Road
Suite 206
Silver Spring, Maryland 20903



Live your life to the fullest

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Welcome

Ameristar Healthcare Services, Inc., - our commitment is to maintain the dignity of those who have placed their confidence in us for top quality care. Reliable and compassionate care has never failed in giving our clients the best possible support and assistance that they need in times of illness, injury or old age.

We know that it can be difficult to deal with situations that involve health, both for the patient and the family members. Ameristar Healthcare Services, Inc. seeks to address all health concerns through a comprehensive health care program that will be designed individually for each patient and to suit the preferences of every family we serve.

DIFFERENT SETTINGS - ONE GREAT QUALITY CARE

One-on-one services in a variety of settings including: private home, independent retirement communities, and assisted living facilities.

About Us

Ameristar Healthcare Services, Inc. is a dedicated home care agency. We recruit the most qualified and experienced home care assistance professionals with extra ordinary skills. So you can rest assured they'll know how to respond to situations unique to your needs. Ameristar Healthcare Services RN staff will conduct periodic quality assurance visits to your home.

Ameristar Healthcare Services, Inc. we focus on you. Having the right staff to meet to your health needs is essential. We provide healthcare personnel for private homes, independent retirement communities, and nursing & rehabilitation facilities.

The ability to work efficiently and effectively in both every-day and emergency situations is vital which is why all of our representatives must pass quality assessment to ensure that each member maintains a strong skill level and understanding of today's health care practices, laws and standards.

OUR SERVICES

There are a variety of services Ameristar Healthcare Services, Inc. can provide as time goes by. Your list of services will expand or contract to include those things that best suit your interests, activities and needs.

COMPANIONSHIP SERVICES

- ❖ Offer Companionship & Conversation
- ❖ Provide respite care
- ❖ Monitor Diet & Eating
- ❖ Check food expirations
- ❖ Assist with evening & tuck-in
- ❖ Help with morning & wake-up
- ❖ Arrange appointments
- ❖ Provide medication administration & reminders
- ❖ Assist with reading
- ❖ Assist with walking
- ❖ Organize mail
- ❖ Stimulate mental awareness
- ❖ Assist with entertaining
- ❖ Answer the door
- ❖ Reminisce about the past
- ❖ Assist with clothing selection
- ❖ Care for houseplants
- ❖ Provide reminders for appointment
- ❖ Discuss current & historical events
- ❖ Participate in crafts
- ❖ Play games & cards
- ❖ Oversee home deliveries
- ❖ Prepare grocery lists
- ❖ Monitor TV usage
- ❖ Mail bills & letters
- ❖ Buy magazine, papers and books



PERSONAL SERVICES

Assist with:

- ❖ Eating
- ❖ Grooming
- ❖ Dressing
- ❖ Bathing
- ❖ Incontinence
- ❖ Cognitive Impairment
- ❖ Mobility



HOME HELPER SERVICES

- ❖ Provide Light Housekeeping
- ❖ Assist with Laundry & Ironing
- ❖ Take Out Garbage
- ❖ Change Linens
- ❖ Plan, Prepare & Clean-Up Meals
- ❖ Make Beds
- ❖ Dust Furniture
- ❖ Drop-Off & Pick Up Dry Cleaning
- ❖ Pick-Up Prescriptions
- ❖ Organize & Clean Closets
- ❖ Assist with Pet Care
- ❖ Prepare Future Meals
- ❖ Care for Alzheimer's Disease
- ❖ Escort & Attend Club Meetings & Sporting Events
- ❖ Escort to Appointments
- ❖ Accompany to Lunch or Dinner
- ❖ Escort for Shopping & Errands
- ❖ Escort and Attend Plays & Concerts
- ❖ Escort to Religious Services

PERSONALIZED CARE

Whenever you are in need of someone to assist for a few hours, a week or need more comprehensive 24-hour assistance, Ameristar Healthcare Services, Inc. is available to provide you with a staff who has been screened thoroughly.

- ❖ Trained
- ❖ Insured
- ❖ Matched to your preferences
- ❖ Professional
- ❖ Reliable
- ❖ Compassionate
- ❖ Dependable